

Groups At Connections Counseling



<i>Day of Week</i>	<i>Time</i>	<i>Name of Group</i>	<i>Facilitors</i>	<i>Where</i>	<i>Special Notes</i>
ALL GROUPS CURRENTLY REMOTE TELEVIDEO - ASK YOUR PRIMARY COUNSELOR FOR ACCESS					
Monday	9-12pm	Day Adult IOP	Shannon, Lisa	Virtual	8-week cycle/24 sessions
Monday	5-6:30pm	Adult DBT	Brooke	Virtual	16-week cycle
Monday	5-8pm	Evening Adult IOP	Lara, Kim	Virtual	8-week cycle/24 sessions
Monday	5-6 PM	Women's Group	Shelly, Shannon	Virtual	Ages: 18+
Monday	6-7pm	Family Education	Emily	Virtual	Free, open to public
Tuesday	9-10:30am	Adult DBT	Brooke	Virtual	16-week cycle
Tuesday	5-6pm	LGBTQ+	Ethan, Emily	Virtual	
Tuesday	5-6pm	Mentor Meeting	Kim	Virtual	Meets 1st Tuesday of every month
Tuesday	5-8pm	Evening Adult IOP	Will, Theresa	Virtual	8-week cycle/24 sessions
Tuesday	6-7pm	Real Recovery	Jason	Virtual	Age: 18-30's
Tuesday	6-7pm	Wisdom & Recovery: Co-Ed Adult	John, Lisa	Virtual	Age: 40+
Wednesday	9-12pm	Day Adult IOP	Cory, Lisa	Virtual	8-week cycle/24 sessions
Wednesday	12-1pm	Reach for Recovery: Co-Ed	Joe	Virtual	
Wednesday	4-5:30 pm	Art Therapy	Taryn, Liz	Virtual	
Thursday	9-12pm	Day Adult IOP	Joe, Kim	Virtual	8-week cycle/24 sessions
Thursday	12-1pm	Wise, Wonderful Women: 26+	Shelly/Kari	Virtual	
Thursday	5-6pm	Real Recovery	Lara	Virtual	Age: 18-30's
Thursday	5-8pm	Evening Adult IOP	Tony, Theresa	Virtual	8-week cycle/24 sessions
Thursday	6-7pm	Wisdom & Recovery: Co-Ed Adult	John, Lisa	Virtual	Age: 40+

Updated: 5/9/2022