

# Groups At Connections Counseling



<i>Day of Week</i>	<i>Time</i>	<i>Name of Group</i>	<i>Facilitors</i>	<i>Where</i>	<i>Special Notes</i>
M/W/Th	9-12pm	Day Adult IOP	Cory, Lisa, Alex	Mountain Room	8-week cycle/24 sessions
M/T/Th	5-8pm	Evening Adult IOP	Jen H., Jen R., Ethan, Joe K., Gabi	Mountain Room	8-week cycle/24 sessions
Monday	5-6:30pm	Adult DBT	Tim, Brooke	Desert Room	16-week cycle
Monday	4-5:30pm	Art Therapy	Sara, Alex, Ethan	Sara's Office	
Monday	6-7pm	Family Education	Emily/Mary Kay	Ocean Room	Free, open to public
Tuesday	9-10:30am	Adult DBT	Tim, Brooke	Desert Room	16-week cycle
Tuesday	5-6pm	Together We Recover: Teens	Jen P., Ethan	Desert Room	
Tuesday	5-6pm	Rise in Recovery	Alex, Shannon	Ocean Room	Age: 18-30's
Tuesday	5-6pm	Mentor Support	Tim, Kim	Mountain Room	Free group for mentors
Tuesday	6-7pm	Radical Recovery: College	Hadeel	Downtown Office	660 W. Washington Ave, Ste 308
Tuesday	6-7pm	Wisdom & Recovry: Co-Ed Adult	Pat, Polly	Desert Room	Age: 40+
Tuesday	6-7pm	Sober Event Planning Committee	Kim	Connections Community Center	All clients and staff are invited to attend
Tuesday	6:30-8:30pm	Y12SR	Kim	Connections Community Center	
Wednesday	9-10:30am	Art Therapy	Sara	Sara's Office	
Wednesday	12-1pm	Reach for Recovery: Co-Ed	Jen H., Joe	Ocean Room	
Wednesday	5:30-6:30pm	CODA	Shelly	Desert Room	Free to public
Wednesday	6-7pm	Beyond Opiates	Brooke, Sue	Ocean Room	
Wednesday	7-8:30pm	Families Anonymous	Members	Ocean Room	Free meeting for families
Thursday	12-1pm	Wise, Wonderful Women: 26+	Shelly, Vickie	Ocean Room	
Thursday	12-1pm	Mentor Support	Tim, Kim	Mountain Room	Free group for mentors
Thursday	5-6pm	Adolescent Program	Tim, Jen P.	Meadow Room	8-week cycle
Thursday	5-6pm	Rise in Recovery	Alex, John	Ocean Room	Age: 18-30's
Thursday	6-7pm	Wisdom & Recovery: Co-Ed Adult	John, Lisa	Desert Room	Age: 40+
Thursday	6:30-7:30pm	Refuge Recovery	Members	Connections Community Center	(Buddhist 12-step)
Saturday	10am-12pm	Music Group	Pat, Alex	Connections Community Center	Every other Saturday, free group